

February 2008 Newsletter

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Learn More about Seven Shores

FAMILY DAY – February 18th

“Celebrate each moment because it is unique and it can’t come back... There is no unimportant day in a child’s life (or our own life)... we often mistakenly believe that the big orchestrated occasions like a trip... are the landmarks in a child’s (or our own life). What children carry in their hearts are not events but relationships. It is the giving of ourselves that matters.”

From Roots of Empathy: Changing the World Child by Child by Mary Gordon – Parent Magazine February 2007-

This day is special to Seven Shores as we embrace the need to enjoy time with family. In North America we work 350 hours more than our European neighbours! We now have 24 hour 7 day a week supermarkets, retail stores, drug stores and rarely do you see a store that closes on Sundays. Sunday is the day of rest; the day to enjoy time with family and friends; the day of prayer and meditation; the day to have a gathering and take pleasure in conversation and great food. Seven Shores is closed Sunday’s for this reason and we hope everyone understands and realizes the importance of being closed on this day.

We challenge you to make some changes in your life and start to look at the priorities and what is important. Many people who overwork in their career look back and say they wish they could have had more time with family and friends. Don’t have this regret later in life.

Take time with your own family and/or friends this February 18th and if you can every Sunday and get together and appreciate the social gatherings and relationships you are making☺

New Arrivals

Antique and New Cabinets, Armoires
Benches, Consoles from Beijing, China



Rosewood Dining Chairs from India



Up and Coming

- Sean heads to Ecuador for 9 days at the end of February to help Leaders Today and Free The Children with the schools and alternative income projects taking place in the mountain villages.
- Focus For Ethnic Women hosting their **7th Annual Focus on Friends event on Tuesday March 4th** during international women's week. Tickets are \$60.00 with a \$35.00 tax receipt. This includes a wonderful meal at the Gulf Steak house, awards ceremony, entertainment, an amazing silent auction with great things including MANY beautiful Sari's. For more information please contact 519-746-3411 or visit the website www.few.on.ca.
- **Earth Hour - On March 29th, 2008** – an event taking place around the world. On this day people will be turning off their lights for one hour from 8pm to 9pm. visit www.earthhour.org and sign up as an individual or business. Lets get our region involved!

Last Chance to buy “Be The Change” T-Shirt

Fundraising for Adopt a Village ends at the end of this Month – so if you haven't had a chance to get a **Be The Change T-shirt** – please stop in to get one or order online.



Great Books to Read

MetoWe: Craig and Mark Kielburger

– many wonderful stories that look at how we can change our lives from the me focus to the we focus in helping others and ultimately changing the world. Stories from Dr. Jane Goodall, Mother Teresa, Archbishop Desmond Tutu, Oprah Winfrey and the Kielburgers.

Check These Sites Out

- Want to get involved in the community and help in eliminating local poverty. Visit www.owr.ca **Opportunities Waterloo Region (OWR) ignites community action and leadership** to create bold solutions that reduce and prevent poverty through **collaboration, advocacy and education.**
- Don't know what to do with your kids. www.kwkids.com is a fantastic site that has many connections with events going on in the Waterloo Region – a great source for Family Day and Sunday's.
- Need a business coach to help with development and growth – visit www.ready2grow.com
- Interested in building strengths and skills to achieve excellence in your live and business visit www.insearchofexcellence.ca

Cheers, Sean and Amy Zister

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